

How to make a rush boat



Find some soft rush and pick a piece.



Holding the rush at the fattest end...



...bend the end over on itself,



and keep bending it round to form a spiral.



Wrap the remaining stalk around the middle, going back on yourself to hold the spiral in place.



Open a small gap in the middle of the oval...



and poke the end through, pulling tight.



To add a sail, find a leaf and make a couple of holes to thread the mast through.



Find some water, and set sail!